



## Questions to consider prior to submitting a SOS Referral

These questions are meant as guidelines for reporting students to the SOS program. They are in place to help determine whether a concern is best supported by SOS or if other campus resources would be of greater benefit.

For additional answers to questions you may have regarding the submission of a SOS Referral, please call the Office of the Dean of Students at (904) 620-1491 or email the SOS team at [deanofstudents@unf.edu](mailto:deanofstudents@unf.edu).

### **Do you have concern the student may harm themselves or others?**

If it's an emergency immediately call the UNF Police Department at (904) 620 - 2800. If it's a non-emergency, notify the Office of the Dean of Students. You can call, email and or submit a SOS referral.

### **Are you concerned about the well-being of the student?**

Is the student making poor decisions negating a healthy lifestyle or a successful educational outcome? Is the student abusing drugs or alcohol? Did the student stop attending class regularly?

### **Have you noticed a change in the student's behavior?**

Has the student had poor academic performance? Does the student suddenly seem overtly upset or angry? Are they confrontational? Does their new behavior break social norms?

### **Is the student experiencing multiple levels of distress?**

Is the student going through any type of hardship (for example financial debt or a recent loss of a family member or friend)?

### **Is the student's communication unusual or alarming in nature?**

Is the student sending concerning text messages or emails? Are they using social media to make threatening statements? Has the student stop responding to their social connections?

### **Is the student causing disruption on campus or in their living environments?**

Has the student made angry outbursts or acted out in violence to fellow classmates or roommates?

### **Is the student not meeting basic personal needs leading to the possibility of physical harm?**

Is the student lacking care for personal hygiene and personal health (for example eating or sleeping habits)?

**If you answered "YES" to any of these questions, please submit a SOS Referral.**

