DIRECTIONS:

List 3-5 ideas, challenges, or concerns that have been “on your mind” as you have experienced today’s training session. For example, are you confused about the format of a workshop? Do you feel that leading a transition song will be a challenge for you? What is on your mind?

Write down the thoughts that come to mind and then discuss them with at least one other person around you. In your discussion point out how you will be impacted by the idea as the facilitator of the workshop.