

Reflection Paper for *Long-Term* CBTL experience at Daniel Kids

Your assignment is to answer the following reflection prompts, thinking about your experience, what you gained from it, what you hoped the student you worked with gained from it, and how it can inform your understanding of Developmental Psychology.

You have the choice to submit your reflection EITHER in writing OR as a video. Please see below for the requirements for each choice.

For BOTH types of reflection, you should respond to/answer each of the following (please use a pseudonym for your mentee to protect their privacy):

1. Give a description of how you usually spent your time at Daniel Kids.
2. Describe any challenges and/or successes that you had. (These can be personal, practical, etc.)
3. In what areas did you grow or develop? In what areas did your mentee grow or develop? Be specific. You can think about social, cognitive, and/or emotional development.
4. Explain the connection between your experience and EITHER any Developmental theory (e.g., Piaget's, Erikson's, Bronfenbrenner's) OR at least 2 aspects of the lifespan perspective.

If submitting a WRITING assignment:

- You do not have to write a full paper (though you can if you want), rather you may answer each question one by one.
- Your reflections should demonstrate deep thinking about your experience, so each answer should be at least a few sentences long.
- Grammar matters.

If submitting a VIDEO assignment:

- Your voice must be in the video. But it is your choice if you want to be on-screen or want to have words or other pictures on screen.
- You can answer each question one at a time or have more a narrative style reflection, but each prompt must be addressed.
- Points will be deducted for speaking errors (e.g., um, uh, starting over) so be sure to practice!