



# Graduate Academic Learning Compact

## Clinical Mental Health Counseling

### Program Mission Statement

The mission of the University of North Florida Clinical Mental Health Counseling Program is to prepare professional counselors by adhering to CACREP standards, providing rigorous knowledge and skills training using empirically-supported counseling approaches, and facilitating the personal and professional growth of each student.

### Student Learning Outcomes

#### Graduates will be able

##### Knowledge of Literature of Discipline (req)

- Demonstrate application of skills using counseling theories knowledge for individual, group, family and couples therapy.
- Successfully complete the national Counselor Preparation Comprehensive Examination (CPCE) in preparation for the state licensing process for registered mental health counselor intern status.
- Demonstrate application of appropriate counseling knowledge when diagnosing, treating and referring clients with chemical and behavioral addictions and co-occurring disorders.

##### Professional Skills

- Successfully complete the CPCE and initial part of the state licensing process for registered mental health counseling intern status.
- Apply evidenced-based practices in treatment planning and counseling processes.
- Monitor personal reactions to clients and peers while assessing interpersonal impact on others.
- Demonstrate proficiency in evidenced-based group facilitation techniques.
- Demonstrate holistic and multicultural skills in working with diverse populations across the human life span.
- Accurately interview, assess and identify clients' problems.
- Apply ethical standards in mental health counseling research and practice.
- Evaluate relevance and accuracy of assessment methods and diagnoses.

##### Communication (opt)

- Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.

##### CBTL (Optional)

- Demonstrate advocacy for and affiliations with the profession of mental health counseling.

### Assessment Approaches

1-3) Content/discipline-specific knowledge will be assessed on a course-by-course basis by evaluation of performance on exams, assigned group projects and case studies.

4-5) While knowledge of the literature will be assessed on a course-by-course basis by evaluation of performance on exams, research papers, and case studies, for the purposes of this assessment results from projects assign during the practicum experience (MHS 6800) and internship experiences (MHS 6830) will also be used.

6-8) The ability to engage in independent learning or scholarship will be assessed by faculty and field preceptor review feedback on the practicum and internships. Data on pass rates for CPCE will be used yearly and pass rates for those students electing to take the on the Florida Mental Health Counseling and Florida Marriage and Family Therapy Licensure examinations

will be collected and reported every three years.

9-10) The application of counseling theories and processes will be assessed by student experiential activities in classroom and laboratory settings to include processing case studies and student taped clinical sessions. Students' assessment of their interpersonal impact on others and their own personal growth will be assessed by faculty in individual classes but in particular in practicum and internship classes and via feedback in individual and small group reflective feedback sessions. Leadership skills will be measured by student performance in assigned group exercises. Understanding and application of group processes will be measured by performance as a group leader/facilitator in doing group counseling in the classroom.

11-12) Communication skills will be measured by processing and evaluation of student tapes of client sessions. Written communication skills will be assessed by faculty review of required case studies and presentation of clinical field-based experiences. A portfolio of student written work including case studies will be collected allowing for evaluation of student progress at various points in the program. A review of clinical tapes will be reviewed in each of the four required community-based clinical experiences. Students' involvement in professional organizations and their advocacy for their profession via professional presentations will also be assessed.

Indirect measurement will include review of student self-assessment (pre during and post program) of select program competencies to include but not limited to personal counseling skills and the ability to keep therapeutic arena professional. Also used will be field site preceptor feedback, assessment from exit interviews, and career progression data from alumni survey