

**Use this schedule as a guide to finding *your* best time to swim.** This schedule is based around regular weekly activities. "Drop-in" scheduled activities will not be reflected in the available lane space below. "Circle Swim" is noted during our busiest times when the number of open swim lanes are limited.

## Fall 2009

### MONDAY

| Time       | Lanes   | Info             |
|------------|---|------------------|
| 6:00-7:00  | any lane  |                  |
| 7:00-8:00  | 11-14   |                  |
| 8:00-12:00 | 6-14  |                  |
| 12:00-2:00 | 7-11  |                  |
| 2:00-4:00  | UNF Swim & Dive team<br><b>PRIVATE PRACTICE</b> | Pool Deck Closed |
| 4-5pm      | 4-6, 11-14                                      |                  |
| 5-6:15     | 4-5, 12-14                                      |                  |
| 6:15-6:45  | 12-14   | circle swim      |
| 6:45-7:30  | 8-14  |                  |
| 7:30-8:00  | 12-14   | circle swim      |
| 8-8:30     | 3-4, 12-14                                      |                  |

### TUESDAY

| Time       | Lanes   | Info                    |
|------------|---|-------------------------|
| 6:00-12:15 | 6-14  |                         |
| 12:30-2:30 | UNF Swim & Dive team<br><b>PRIVATE PRACTICE</b> | Pool Deck Closed        |
| 2:30-3:15  | all lanes (3-14)                                |                         |
| 3:15-4:15  | 7-14  |                         |
| 4:15-5:00  | 11-14   |                         |
| 5:00-5:30  | 4-5; 12-14                                      | circle swim lanes 12-14 |
| 5:30-6:30  | 12-14   | circle swim             |
| 6:30-7:15  | 4-8, 12-14                                      |                         |
| 7:30-8:30  | 7-14  |                         |

### WEDNESDAY

| Time       | Lanes   | Info             |
|------------|---|------------------|
| 6:00-7:00  | any lane  |                  |
| 7:00-8:00  | 11-14   |                  |
| 8:00-12:00 | 6-12  |                  |
| 12:00-2:00 | 7-11  |                  |
| 2:00-4:00  | UNF Swim & Dive team<br><b>PRIVATE PRACTICE</b> | Pool Deck Closed |
| 4:00-5:00  | 4-6; 11-14                                      |                  |
| 5:00-6:15  | 4-5; 12-14                                      |                  |
| 6:30-7:15  | 11-14   |                  |
| 7:15-8:30  | 8-14  |                  |

### THURSDAY

| Time       | Lanes   | Info             |
|------------|---|------------------|
| 6:00-12:15 | 6-14  |                  |
| 12:30-2:30 | UNF Swim & Dive team<br><b>PRIVATE PRACTICE</b> | Pool Deck Closed |
| 4:00-5:00  | 11-14   | circle swim      |
| 5:00-6:30  | 12-14   | circle swim      |
| 6:30-7:15  | 4-8, 12-14                                      |                  |
| 7:30-8:30  | 7-14  |                  |

| <b>FRIDAY</b>   |   |                  |
|-----------------|---|------------------|
| <b>Time</b>     | <b>Lanes</b>                                    | <b>Info</b>      |
| 6:00-7:00       | any lane  |                  |
| 7:00-8:00       | 11-14   |                  |
| 8:00-12:00      | 6-12  |                  |
| 12:00-2:00      | 7-11  |                  |
| 2:00-4:00       | UNF Swim & Dive team<br><b>PRIVATE PRACTICE</b> | Pool Deck Closed |
| 4:00-4:30       | 3-6, 11-14                                      |                  |
| 4:30-6:30       | 11-14   | circle swim      |
| 6:30-7:00       | 1-4, 11-14                                      |                  |
|                 |   |                  |
| <b>SATURDAY</b> |   |                  |
| <b>Time</b>     | <b>Lanes</b>                                    | <b>Info</b>      |
| 9:00-10:00      | 5-7, 11-14                                      |                  |
| 10:00-10:20     | 5-6, 11-14                                      |                  |
| 10:20-12:00     | 11-14   |                  |
| 12:00-1:00      | 5-14  |                  |
| 1:00-3:00       | 10-12 (circle swim)                             |                  |
| 3:00-5:00       | 4-12  |                  |
|                 |   |                  |
| <b>SUNDAY</b>   |   |                  |
| <b>Time</b>     | <b>Lanes</b>                                    | <b>Info</b>      |
| 1:00-5:00       | 4-12  |                  |

**Don't miss out on these weekend features!**

Let us host your next birthday party or team event. See our birthday party packages on our website for details and prices.

Families can swim for just \$10 on Saturdays & Sundays from 1:30-5 pm. See our "Family Swim" link on our website for details.