

**Application Guidelines**  
**Counselor Education Program**  
**Mental Health Counseling Track**

**Guidelines for Personal Statement:** Review the following series of questions carefully. Be sure to address each question in detail. Your responses should be typewritten (font size = 12 pt.) and should not exceed 5 double spaced typewritten pages.

1. What motivates you to pursue your degree in mental health counseling?
2. What are your short-term and long-term professional goals?
3. Briefly describe your life-story and note the particular life events and experiences that play a role in your ambition to become a mental health counselor.
4. Have you ever experienced first-hand personal counseling? If yes, what was this experience like for you and how does this relate to your desire to become a mental health counselor. If no, how might you feel about the possibility of doing so?
5. Name a particular text or author in the psychological/mental health field that has influenced you the most and describe why.

**Please return your personal statement to:**

**UNF Graduate School Office**

University of North Florida

1 UNF Drive

Building 1 / Room 1200

Jacksonville, FL 32246

Ph: (904) 620-1360