

# Choose Success!

## Register for a Study Skills Workshop at ACE

### The Academic Center for Excellence Summer 2007 Study Skills Workshops Schedule

<p align="center"><b>Choose-A-Major</b></p> <p>Don't know which hat you want to wear? Discover the wide range of UNF academic majors available to you, and get help in choosing a career direction. Learn how to explore your all opportunities and options.</p> <p>Thursday, June 14    1:30 a.m. to 3:00 p.m.</p>	<p align="center"><b>Strategies for the Successful College Student</b></p> <p>How do you learn best? Identify your learning challenges and learn how to become a master student. Discover the different learning styles particular to each individual and how to effectively employ learning strategies which complement your personality.</p> <p>Wednesday, May 23    10:00 a.m. to 11:30 a.m. Friday, July 6        12:00 p.m. to 1:30 p.m.</p>	<p align="center"><b>Test Anxiety Management</b></p> <p>Learn how to ease those test-taking fears. Identify and manage the causes of your anxiety and explore techniques for dealing with test-taking anxiety and relaxation methods to use both before and during a test.</p> <p>Monday, June 11        4:30 p.m. to 6:00 p.m. Thursday, July 26      1:00 p.m. to 2:30 p.m.</p>
<p align="center"><b>Note Taking</b></p> <p>Make your notes more effective. Discover organization and personalization strategies you can use to productively listen to and record lecture material and effectively review your reading and lecture notes.</p> <p>Wednesday, May 30    2:30 p.m. to 4:00 p.m. Tuesday, July 10      12:00 p.m. to 1:30 p.m.</p>	<p align="center"><b>Time Management</b></p> <p>Prioritize to succeed! Learn planning strategies and organizational techniques and tips. Discover how to handle procrastination.</p> <p>Monday, May 21        1:30 p.m. to 3:00 p.m. Tuesday, June 12      12:00 p.m. to 1:30 p.m. Thursday, July 5       3:00 p.m. to 4:30 p.m. Wednesday, July 11    1:00 p.m. to 2:30 p.m.</p>	<p align="center"><b>Test Taking Tips</b></p> <p>Be better prepared for exams! Discover studying techniques that can effectively prepare you for and help you navigate true &amp; false, multiple choice, essay, and open-book tests. Learn methods for thinking positively about test preparation and test taking.</p> <p>Monday, June 18        3:30 p.m. to 5:00 p.m. Tuesday, July 24       3:00 p.m. to 4:30 p.m.</p>
<p align="center"><b>Memory Tips</b></p> <p>Make your memory work for you! Discover the difference between long-term understanding and short-term memory and the scientific methods that can enhance your ability to recall information from lectures, textbooks, and notes.</p> <p>Monday, June 4        1:00 p.m. to 2.30 p.m. Tuesday, July 17      12:00 p.m. to 1:30 p.m.</p>	<p align="center"><b>Reading Strategies</b></p> <p>Improve your reading skills! Learn to read faster yet increase your reading comprehension. Discover how to remove reading distractions and how to build a better vocabulary.</p> <p>Tuesday, May 29      9:30 a.m. to 11:00 a.m. Monday, July 9        11:30a.m. to 1:00 p.m.</p>	<p align="center"><b>Essay Writing</b></p> <p>Acquire a confident approach to writing. Learn the different types of essays college students will be called upon to write, the most successful approaches to formatting essay structure, and the best writing techniques that all are capable of mastering.</p> <p>Tuesday, June 5        3:00 p.m. to 4:30 p.m. Wednesday, July 18    2:00 p.m. to 3:30 p.m.</p>

**To register, go to Tutor Trac on our website, [www.unf.edu/es/ace](http://www.unf.edu/es/ace). For more information, call (904) 620-1012 or stop by Founders hall (building 2) room 2120**

*Individuals who require reasonable accommodation in order to participate must notify the Academic Center for Excellence (620-1012) at least five working days in advance.*