

# EAP: ONLINE SERVICES



Corporate Care Works announces enhanced online information services to help help you balance work and family life

**CHECK OUT THE THOUSANDS OF RESOURCES IN AN EASY-TO-ACCESS AND EASY-TO-NAVIGATE WEBSITE**

## HIGHLIGHTS

**Health:** Over 2,000 Harvard Medical School reviewed articles (examples: Cardio Health, Healthy Aging, Sleep Disorders, etc.), hundreds of videos and dozens of health assessments and tools

**Legal:** Hundreds of state specific legal forms and 1,000's of articles

**Financial:** Calculators & articles to assist with budgeting, auto financing, investing, saving and more

**Personal Growth:** Over 40 soft skills training courses (examples: Business Writing Basics, Valuing Diversity, Presentation Skills, Managing Change, etc.)

**Solution Center:** Resources that are tailored to specific life needs, providing the right tools to help you through some of life's toughest challenges

## HOW TO ACCESS

- Step 1.** In the address bar of your Internet browser, please enter [www.corporatecareworks.com](http://www.corporatecareworks.com)
- Step 2.** Select "online services" located across the top of the screen
- Step 3.** Go to "to take advantage of this exciting service, click here" located at the bottom of the screen
- Step 4.** Select "New Members Register Here"
- Step 5.** Use "University of North Florida" as the company name. Create your own username and password

**800-327-9757 or 904-296-9436**



CORPORATE CARE WORKS

EAP : HR Solutions : Crisis Response