

Mentoring
Article: 7K

Tierney, J.R., Grossman, J.B., & Resch, N.L. (1995). *Making a difference: An impact study of Big Brothers/Big Sisters*. Philadelphia: Public/Private Ventures.

Research Checklist

- The strategy (or program) produced the desired changes in the target population. *initially*
- The research was conducted by reputable researchers and published in a reputable journal.
- The study used a rigorous evaluation design.
- The study shows few negative side effects.
- The study was replicated at more than one site.
- The program was implemented by school staff in the study
- The study is a meta-analysis.

Check all that apply:

- | | | |
|---|---------------------------------------|--|
| <input checked="" type="checkbox"/> Prevention | <input type="checkbox"/> Intervention | <input type="checkbox"/> Treatment |
| <input checked="" type="checkbox"/> Substance abuse | <input type="checkbox"/> Violence | <input checked="" type="checkbox"/> Problem Behavior |
| <input type="checkbox"/> Preschool | <input type="checkbox"/> Elementary | <input checked="" type="checkbox"/> Middle School |
| <input checked="" type="checkbox"/> High School | <input type="checkbox"/> School Staff | <input type="checkbox"/> Parents |

Summary: (Give your opinion about the quality and outcome of this study. Would you recommend use of this strategy based on this article?)

This study revealed the ability of a mentoring program to delay the onset of drug use in a youth population. Further studies are needed to examine long-term preventive effects.

The delay of onset of drug use shows promise in using school-based mentoring.