

VITA

BRIAN PAUL HIGLEY

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RECENT POSITIONS

2006-Present	Co-Founder and Co- Director, Excellence University, Gainesville, Florida
2005-Present	Founder and Co- Director, The Life Satisfaction Research Lab, Gainesville, Florida
1999-Present	Founder and Program Director, The Building Blocks, Gainesville, Florida
2004-2005	Coordinator of Online Education, Department of Psychology, Gainesville, Florida
2003-2005	Gestalt Center Professional Training Facilitator, The Gestalt Center of Gainesville, Gainesville, Florida
1999-2002	Head Graduate Research Associate, Dr. Carolyn M. Tucker's Culturally Sensitive Health Care Project

RECENT EDUCATION AND TRAINING

2006	University of Florida, Gainesville, Florida	Ph.D., Counseling Psychology
2001	The Gestalt Center of Gainesville, Gainesville, Florida	Graduate of 2-year Intensive Training in Gestalt Therapy
2000	University of Florida, Gainesville, Florida	M.S., Counseling Psychology
1997	Baldwin-Wallace College Berea, Ohio	B.S., Psychology Summa Cum Laude

RECENT TRAINING/GROUP FACILITATION EXPERIENCE

2001-Present	Facilitator, The Execution Boost Support System, Various Sites Including State Farm Insurance, Skinner Nurseries, Flycaster & Company, The University of Florida (Psychology Department Human Resources,, and Student Mental Health), The Gainesville Health & Fitness Center, Ocala Electric Utility, Alachua County Information & Telecommunications Services, and Pony Express Pizza
1999-Present	Facilitator, The Relationship Enhancement Series (RES), Various Sites Including The Florida School of Massage, The University of Florida (Psychology Department and Human Resources) Adbiz Marketing, and The Gestalt Center of Gainesville
1999-Present	Facilitator, The Willpower Enhancement Training Program, Various Sites Including The Gainesville/Alachua County Association of Realtors (GACAR), The University of Florida (Psychology Department, Human Resources), The Gainesville Health & Fitness Center, and The Gestalt Center of Gainesville
1999-Present	Facilitator, The Goal Achievement Enhancement Training Program, Various Sites Including The University of Florida (Psychology Department, Human Resources), The Gainesville Health & Fitness Center, and The Gestalt Center of Gainesville, Gainesville, Florida
2005-2006	Co-Facilitator, The Batterer's Intervention Program (BIP), Gainesville, Florida.
2003-2005	Co-Facilitator, Two-Year Professional Training in Gestalt Therapy, The Gestalt Center of Gainesville, Gainesville, Florida
2002	Group Facilitator, Increasing Personal and Professional Effectiveness, A&N Corportation, Gainesville, Florida
2002	Group Co-facilitator, Life Satisfaction, Personal Effectiveness & Positive Relationship Strategies, Gainesville, Florida
2002	Group Facilitator, Increasing Personal and Professional Effectiveness, BCN & Associates, Gainesville, Florida
2002	Group Co-facilitator, The Life Strategies Workshop, various venues
2002	Group Co-facilitator, Excellence By Design, various venues
2002	Group Co-facilitator, Strategies For Success, various venues
2002	Group Co-facilitator, Leadership Enhancement Retreat, St. Augustine, Florida
2002	Group Facilitator, Goal-setting For Success, University of North Florida, Jacksonville, Florida

RECENT TRAINING/GROUP FACILITATION EXPERIENCE, con't

2002	Group Co-facilitator, SHRM Conference, Gainesville, Florida
2001	Group Facilitator, The Rocks, Pebbles, Sand Workshop, The University of Florida Psychology Department, Gainesville, Florida
2001	Group Facilitator, Roles, Goals, Barriers, and Needs Assessment, Adbiz Marketing, Gainesville, Florida
1999	Focus Group Moderator, The University of Florida, Dr. Carolyn M. Tucker's Culturally Sensitive Health Care Study, Gainesville, Florida
1999	Co-Facilitator, Academic Achievement Group, The University of Florida Counseling Center, Gainesville, Florida

PUBLICATIONS AND RESEARCH EXPERIENCE

Refereed Articles

Tucker, C.M., Herman, K.C., Pederson, T. R., Higley, B.P., Montrichard, M., & Ivery, P.D. (2003). Cultural sensitivity in physician-patient relationships: Perspectives of an ethnically diverse sample of low-income primary care patients. Medical Care, 41 (7), 859-870.

Tucker, C.M., Fennell, R.S., Pedersen, T., Higley, B.P., Wallack, C.E., & Peterson, S. (2002). Associations with medication adherence among ethnically different pediatric patients with renal transplants. Pediatric Nephrology, 17(4), 251-256.

Articles in Preparation

Higley, B.P., & Tucker, C.M. (2003). Modifiable factors that contribute to activity adherence across various activities. Manuscript being revised for re-submission.

Doctoral Dissertation & Masters Thesis

Higley, B.P. (2004). Strengthening willpower: Evaluating the effectiveness of an 'adherence efficacy' intervention. Dissertation in Progress.

Higley, B.P., & Tucker, C.M. (1999). Modifiable factors that contribute to activity adherence across various activities. Completed Masters Thesis.

Inventories

Higley, B.P. & Mistler, B. (2005). The CACE Assessment used to assess perceived levels of clarity, alignment, consensus and execution levels in participants, 2 pages.

Higley, B.P. (2001). The General Adherence Efficacy Scale (GAES), used to assess adherence efficacy in both control and intervention group participants, 2 pages.

PUBLICATIONS AND RESEARCH EXPERIENCE, con't

Inventories, con't

Higley, B.P. (1999). Desirable Activity Questionnaire (DAQ), designed to assess the degree to which 15 literature-based, activity-specific adherence factors predicted adherence across many activities. The DAQ also assesses participant-generated reasons for adherence/nonadherence to desired activities, 4 pages.

Papers & Posters presented

“Modifiable factors that contribute to activity adherence across various activities” a poster presented at the American Psychological Association, New Orleans, LA, March, 2000.

“Training vocational counselors: An individual needs-based training model” a poster presented at the Southeastern Psychological Association, Savannah, Georgia, March, 1999.

Training Manuals

Higley, B.P. (2005). The Willpower Enhancement Training Program Participant Packet®, 45 pages.

Higley, B.P. (2005). The Goal Achievement Enhancement Training Program Participant Packet®, 46 pages.

Higley, B.P. (2005). The Relationship Enhancement Training Program Participant Packet®, 59 pages.

Higley, B.P. (2002). Time Perception and Goal-Setting for Success®, 15 pages

Spence, J.B. & Higley, B.P. (2002). Excellence by Design Workbook, 47 pages

Higley, B.P. (2002). The Seven Essential Steps to High Level Goal Achievement®, 19 pages

Higley, B.P. (2002). Persistence Tune-Up Participant Packet®, 25 pages.

Higley, B.P. (2000). The Building Blocks Sample Activity Participant Packet®, 6 pages.

Higley, B.P. (2000). The Willpower Enhancement Training Program Facilitator Lecture Outline®, 30 pages.

Higley, B.P. (2000). The Goal Achievement Training Program Facilitator Lecture Outline®, 30 pages.

Higley, B.P. (2000). The Positive Relationship Training Program Facilitator Lecture Outline®, 30 pages.

RECENT CONSULTATION EXPERIENCE

Consultation, The University of Florida, consisting of a series of meetings with the director and various employees of Student Mental Health regarding identification and achievement of organizational goals, Gainesville, Florida, June, 2005-June 2006.

Consultation, Partners in Adolescent Lifestyle Support (PALS), consisting of a series of meetings with director of PALS and others regarding identification and achievement of organizational goals, Gainesville, Florida, February, 2005-May, 2006.

Consultation, The University of Florida, consisting of a series of meetings with chair of the Psychology Department regarding development of marketing plans for new online courses, and devising methods of supporting the online courses, Gainesville, Florida, September, 2003-September, 2004.

Consultation, The University of Florida, consisting of a series of meetings with chair of Psychology Department regarding identification and achievement of departmental goals, Gainesville, Florida, 2001-present.

Consultation, The University of Florida, consisting of a two-hour workshop for the staff of the Chair of the Department of Psychology on helping staff identify departmental goals and their roles in achieving them, Gainesville, Florida, 04 October, 2001.

Consultation, Adbiz Marketing, consisting of a series of workshops for employees at Adbiz Marketing on how to identify professional goals, barriers to achieving those goals, and how to overcome those barriers and to communicate needs to co-workers, Gainesville, Florida, Summer, 2002.

COACHING/SUPERVISORY/MENTORING EXPERIENCE

2005-Present	Personal Effectiveness/Life Satisfaction Trainer, various individuals across Florida
2005-Present	Supervisor/Mentor, various business interns and undergraduate research assistants
2004-2005	Mentor, Preparing for Oral Qualification Examinations, various Counseling Psychology graduate students
2004-2005	Mentor, Getting Into Graduate School, various undergraduate students
1998-2002	Head Graduate Research Associate, Dr. Carolyn M. Tucker's Culturally Sensitive Health Care Project
1999-2000	Advanced Practicum Counselor, The Gestalt Center of Gainesville
1998-1999	Practicum Counselor, The University of Florida Counseling Center
1998-1999	Tutor, University Athletic Association, various athletes in psychology courses, University of Florida
1998-2000	Athletic Mentor, various high school and middle school students

COACHING/SUPERVISORY/MENTORING EXPERIENCE, con't

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| 1991-1994 | Camp Counselor, Lakewood (OH) YMCA Summer Basketball Camps |
| 1989-1991 | Camp Counselor, Stow (OH) High School Summer Basketball Camps |

TEACHING EXPERIENCE

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| Spring 2007 | Instructor, Abnormal Psychology, University of North Florida, Jacksonville, Florida |
| 2003-2005 | Instructor, General Psychology, University of Florida, Gainesville, Florida |
| 1998-2001 | Courses co-taught as a teaching assistant at the University of Florida, Gainesville, Florida:
Introductory Psychology
Personal Growth
Health Psychology
Abnormal Psychology
Psychology of Personality |

INVITED PRESENTATIONS

To The General Public

Invited Speaker, Gainesville Rotary Club, "Creating and Maintaining Championship Relationships", 15 June, 2006.

Invited Speaker, HRH Insurance, "Increasing Personal Effectiveness", 08 October, 2001.

Invited Speaker, March of Dimes Chain Reaction, "Goal-Setting and Time Management", 23 September, 2001.

Invited Speaker, The Gainesville Rotary Club, "Increasing Life Satisfaction and Success", 22 August, 2001.

Invited Speaker, Association of Certified Public Accountants, "The Building Blocks to Life Satisfaction and Success", 25 July, 2001

Invited Speaker, The Gainesville Health & Fitness Women's Center, "Strengthening Willpower" 08 February, 2000.

Invited Speaker, The Gainesville Health & Fitness Center, Presented various presentations on goal-achievement and persistence, Fall 1998-Fall 2002.

INVITED PRESENTATIONS, con't

At The University of Florida

Invited Speaker, Various University of Florida courses, "Enhancing Willpower", 1998-present.

Invited Speaker, Various University of Florida courses, "Enhancing the Satisfaction In Your Relationships", 1998-present.

Invited Speaker, Various University of Florida courses, "Increasing Goal-Achievement", 1998-present.

Invited Speaker, Psi Chi at University of Florida, "Increasing Organizational Excellence, Personal Effectiveness, and Life Satisfaction", 7 February, 2006.

Invited Speaker, University of Florida Abnormal Psychology Course, "Preventing and Overcoming Addictive Behaviors", 14 April, 2004.

Invited Speaker, Various Stress Management courses, "Combating Stress With Life Satisfaction Strategies", 2002.

Invited Speaker, Alpha Kappa Phi at the University of Florida (with Mr. John Spence), "Persistence With Effective Life Strategies", 04 February, 2002.

Invited Speaker, University of Florida Abnormal Psychology Course, "Diagnoses of 'Mental Disorders From Two Non-Medical (DSM) Theoretical Perspectives", 27 November, 2000.

Invited Speaker, Graduate Deviance Class, "Diagnoses of 'Mental Disorders From Two Non-Medical (DSM) Theoretical Perspectives", 30 November, 2000.

SERVICE

Donations Organizer, benefiting the St. Francis House, Gainesville, Florida, 2004 – 2005

Speaker, various life satisfaction and success topics for various charities and community-service-oriented groups, Gainesville, Florida, 2000 – present

Mentor, Various Youth, Increasing Strength, Conditioning, and Athletic Skills, Gainesville, Florida, 1998-2001

Volunteer, The Gathering Place for the Homeless and Mentally ill, Cleveland, Ohio, Fall 1995.

Member, Panel On How To Complete Theses and Dissertations, The University of Florida, 2003

HONORS & AWARDS

- 2001 University of Florida Ted Landsman Award, recognizing excellence in the promotion and research of human growth and development
- 1997 University of Florida Grinter Fellowship Award, used to recruit outstanding graduate students.
- 1997 Cleveland Clinic Foundation Health Care Ventures Customer Service Award, recognizing excellence in customer service.
- 1996 Baldwin-Wallace College (BWC) Clyde Lamb Award, awarded the outstanding student-athlete at B-W.
- 1992-1996 Baldwin-Wallace College Dean's List, every quarter at BWC.
- 1995 Baldwin-Wallace College Dr. William Prokasy Award, awarded to a psychology major based upon academic achievement, contributions to the department, and potential in the field of psychology.
- 1994-1996 3-Time Ohio Athletic Conference (OAC) All Academic Team, 1994-1996
- 1993 Baldwin-Wallace College English Department Bertha L. Steifle Award, recognizing excellence in scholarship in the field of English
- 1993-1996 Baldwin Wallace College Honors Society Member:
- Psi Chi Psychology Honors Society
 - Pi Gamma Mu Psychology Honors Society
 - Dayton C. Miller Honors Society
 - Alpha Lambda Freshman Honors Society

Athletic Honors

- 1992-1996 Four-year letter-winner and three-year starter on college basketball team, Baldwin-Wallace College, Berea, Ohio,
- 1996 Selected Team Captain of Ohio Athletic Conference (OAC) Basketball Tournament Champions, Baldwin-Wallace College, Berea, OH
- 1996 Elected to OAC All-Tournament Team, Baldwin-Wallace College, Berea, OH
- 1996 Elected to CoSida GTE Academic All-American Team, Baldwin-Wallace College, Berea, OH
- 1995-1996 Member of Two-Time NCAA National Basketball Tournament Invitees, Baldwin-Wallace College, Berea, OH
- 1994-1996 Three-time Baldwin-Wallace College Most Valuable Defensive Player, Baldwin-Wallace College, Berea, OH
- 1995 Selected OAC Player of the Week, Baldwin-Wallace College, Berea, OH
- 1995 Shriner's MVP Award, Baldwin-Wallace College, Berea, OH