

Learning Styles Self-test

Circle which answer best describes you:

	A	B	C
Before operating new equipment you	Read Instructions	Listen to explanation	Give it a try
Travel Directions	Look at a map	Ask for spoken directions	Follow your nose & maybe use a compass
Cook a new dish	Follow a recipe	Call a friend for advise	Follow your instincts and taste as you cook
teach someone something you'd say	write instructions	explain verbally	demonstrate and let them have a go
you'd say	I see what you mean	I hear what you are saying	I know how you feel
you'd say	show me	tell me	let me try
you'd say	watch how I do it	listen to me explain	you have a go
faulty goods	write a letter	Phone	send or take it back to the store
Leisure	museums and galleries	music and conversation	playing sport or DIY
buying gifts	Books	Music	tools and gadgets
Shopping	look and imagine	discuss with shop staff	try on and test
choose a vacation	read the brochures	listen to recommendations	imagine the experience
choose a new car	read the reviews	discuss with friends	test-drive what you fancy
totals indicate preferred learning style(s) A = Visual B = Auditory C = Kinesthetic			