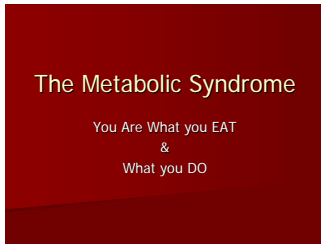




Women and Girls Health Initiative

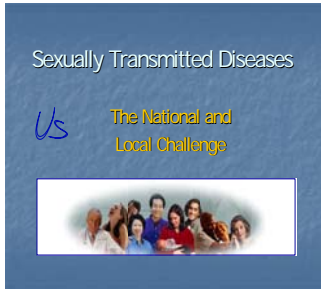
Free Educational Presentations

US the Women and Girls Health Initiative was created to motivate, educate, and engage individuals in the strengthening and delivery of excellence in women and girls' healthcare. Through the work of students, trained volunteers, UNF faculty and medical experts, we offer research-based health education programs to any size group in the community.



Cardiovascular disease is the number one killer of women. This educational and entertaining presentation provides an explanation of risk factors leading to heart disease and ways to decrease these risk factors with simple life changes.

Target audience: all adult women

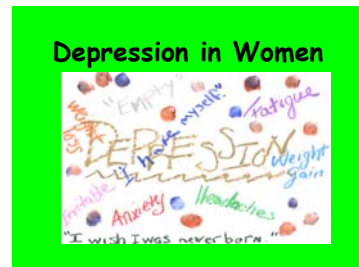


Duval County has an epidemic of sexually transmitted diseases in all socioeconomic levels of the community. *US* volunteers chose this topic as their first as they were surprised at the severity of the problem and hope to educate the community to inspire them to action.

Target Audience: ages 12 and up. Two separate presentations are available: one targeted to adults and one targeted to youth.

Women are twice as likely then men to suffer from some form of Depression. This presentation highlights causes, risk factors, and signs and symptoms. The power point also provides useful resources for women and girls to seek help.

Target Audience: ages 12 and up



The first half of the presentation provides fact and staging of breast cancer. The second half is video interviews from internationally-known local physicians who will take you through each step of breast cancer, from diagnosis to remission. Finally a survivor sharing her experience, strength and hope for overcoming breast cancer.

Target Audience: ages 12 and up



For more information, contact:
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*****We aim to help women make enlightened health choices*****